

# VULGAR THE VIKING

Odin Redbeard

## ROCK CAKE

### Recipe!



All that raiding and pillaging can leave Vikings feeling pretty famished, so here's a rock cake recipe that's sure to re-fuel ravenous raiders...

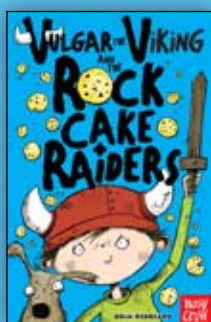
#### Ingredients

- 225g self-raising flour
- 1 tsp baking powder
- 110g soft butter or margarine
- 55g granulated sugar
- 110g mixed dried fruit
- 55g currants
- 1 medium egg
- 1 – 3 tbsp milk
- Demerara sugar for sprinkling
- Oil for greasing

#### Method

- 1) Heat the oven to 400F/200C/Gas 6.
- 2) Sieve the flour and baking powder into a large baking bowl, add the softened butter or margarine, and lightly rub together with fingertips until the mixture resembles fine breadcrumbs.
- 3) Add the sugar and the dried fruit and mix.
- 4) Add the egg and 1 tbsp of the milk. Mix to create a stiff dough. If the mixture is still dry add milk, 1 tbsp at a time.
- 5) Lightly grease two baking sheets.
- 6) Using a tablespoon, divide the mixture into 12 evenly spaced mounds on the 2 baking sheets. Sprinkle with the demerara sugar.
- 7) Bake in the preheated oven for 15 mins.
- 8) Remove from the oven and leave to cool.
- 9) Raid the rock cakes!

Collect them all!



Out now



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